



Women's Wisdom & Wellness™

Facilitated by

Tahya & Helene B. Leonetti, MD



- ♥ Celebrate Your Soul's Wisdom
- ♥ Liberate Your Self-Expression
- ♥ Activate Your Self Esteem Gene™

Invite your friends, sisters, daughters, mothers & grandmothers to participate in a program designed to celebrate our body's wisdom, liberate new dimensions of self-expression and activate your Self-Esteem Gene™. Dr. Helene provides insights into realizing vibrant good health while Tahya rekindles your unique spark of femininity, love, and creativity. Together they facilitate a mind/body/spirit journey toward relaxation, joy, vitality and an elegant sense of self.

~ Two dates to choose from ~

DATE: SUNDAY, OCTOBER 25 and/or SUNDAY, NOVEMBER 1, 2009

TIME: noon - 3:00 pm 12:30 - 3:30 p.m

PLACE: Unity of Lehigh Valley
26 N 3rd St, Emmaus, PA 18049

Unity Center for Spiritual Learning
Bethlehem, PA (specific address TBA)

CONTACT: tahya@tahya.com / 610-776-7045

FEE: \$45 ~ includes light refreshment ~ [Note: a portion of the proceeds will be donated to Unity]

What to bring & what to wear: Notebook, pen or pencil, & water bottle; appropriate attire for movement (for example: ¾ sleeve T-shirt & soft, flexible pants).

☪ www.WomensWisdomWellness.com ☪



Women's Wisdom & Wellness™ Reservation* ~ due no later than September 15, 2009 (please)

Please register me for the Oct. 25 program

Please register me for the Nov. 1 program

NAME(S): _____

Phone:(H) _____ (OF) _____ (Cell) _____ E-mail: _____

Number of persons participating in class: [] x \$45 / pp \$ _____

TOTAL ENCLOSED: \$ _____

Complete this form, make check or money order payable to **WOMEN'S WISDOM & WELLNESS** and send to:
Women's Wisdom & Wellness
 c/o TAHYA, PO Box 56, Coplay, PA 18037-0056

***NOTE:** Class size limited ~ register early to assure your place!